

Vedic tradition

Shramana tradition

Tantra

Buddhism

Jainism

Samkhya

"Brahmanas"
900-500
BCE

"Bhagavad
Gita"
5th-2nd
Century BCE

"Katha
Upanishad"
6th Century
BCE

"Samkhya
Karika"
200 CE

Patnanjali's
"Sutras"
100 BCE-500CE

Yogachara
Buddhism
4th -5th
Century CE

"Tattvarthasutra"
2nd Century CE

Adi Nanth
(Shiva?)

Matsyendranath
"Lord of Fish"

Gorakshanath
b. 8th century

The Naths

"Laya Yoga"

"Hatha Yoga"

Raja
(Classical)
Yoga

"Hatha Yoga
Pradipika"
by Yogi Swatmarama
16th Century

"Sikhism"

Guru Nanak Dev Ji
15th Century

John Woodroffe
(Arthur Avalon)
Late 19th/early
20th century

Vishwananda
Saraswati
Sivananda
B. 1887

Dadaji

Vishnu
Bhaskar Lele
"Integral Yoga"
Sri Auribindo
B. 1872
Mirra Alfassa
Sri Auribindo
Asharam

Swami
Kripalvananda
b. 1913

Amrit
Desai

Kripalu
Institute,
Massachusetts

Yogi
Bhajan
b. 1929

3HO
Happy, Healthy,
Holy

Gurmukh
Kaur
Khalsa

Golden
Bridge, LA

"Kundalini
Yoga" 1935

Satananda
Saraswati

Vishnu-
devananda

Mani
Finger

Rod Stryker

Karina Ayn
Mirsky

"Divine
Life
Society"

"Satananda
Yoga"

"Sivananda
Yoga"

"Integral Yoga, tm"

"ISHTA"

"Para Yoga"

Mahavatar Babaji
(Saint?)

Lahiri Mahasaya

Yuktswar Giri

Yogananda
b. 1893

Kriyananda
(J. Donald
Walters)

Pandit
Rajmani
Tigunait

Bikram
Choudury

Baron
Baptiste
(son of Walt)

Seane
Corn

Kathryn
Budig

Sadie
Nardini

"Kriya Yoga"

Bengali
Baba

Bishnu
Ghosh
(brother)

Swami
Rama

"Ananda
Yoga"

"Baptiste
Vinyasa
Power Yoga"

"Off the
Mat"

"Core
Power
Yoga"

"Sexy Sadie"

"The Beatles"

"Shanti Mandir"

Bhagavan
Nitkananda

Muktananda
B. 1908

Maharishi
Mahesh Yogi

Deepak
Chopra

David
Life

Sharon
Gannon

Manju
Jois (son)

David
Williams

Tim
Miller

David
Swenson

Chuck
Miller

Maty
Ezraty

Bryan
Kest

Richard
Freeman

Krishnanand
Saraswati

Brahmananda
Saraswati
B. 1870

Nirmalanda

David
Life

Sharon
Gannon

Manju
Jois (son)

David
Williams

Tim
Miller

David
Swenson

Chuck
Miller

Maty
Ezraty

Bryan
Kest

Richard
Freeman

Larry
Schultz

Eddie
Stern

Ramakrishna
B. 1888

Mahapurush
Maharaj

Swami
Kailashananda

Dharma
Mittra
b. 1939

David
Life

Sharon
Gannon

Manju
Jois (son)

David
Williams

Tim
Miller

David
Swenson

Chuck
Miller

Maty
Ezraty

Bryan
Kest

Richard
Freeman

Babu
Bhagwan Das

Vivekananda
b. 1863

Ghandi

A.G.
Mohan

Mark
Whitwell

Gary
Kraftsow

Manju
Jois (son)

David
Williams

Tim
Miller

David
Swenson

Chuck
Miller

Maty
Ezraty

Bryan
Kest

Richard
Freeman

Larry
Schultz

Eddie
Stern

Helena
Blavatsky

Annie
Besant

Charles
Leadbeater

Yoga
Kurunta

British
Gymnastics

Ramaswami

Indra
Devi

BKS
Iyengar
(brother in
law)

John
Friend

Angela
Farmer

Patricia
Walden

Ramanand
Patel

Victor van
Kooten

Richard
Rosen

Judith
Hanson
Lassiter

"Theosophists"

"Krama Vinyasa"

Eric
Schiffman

Vanda
Scaravelli

Ester
Myers

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