

Vedic tradition

Shramana tradition

Tantra

Buddhism

Jainism

Samkhya

"Brahmanas"
900-500
BCE

"Bhagavad
Gita"
5th-2nd
Century BCE

"Katha
Upanishad"
6th Century
BCE

"Samkhya
Karika"
200 CE

Patnanjali's
"Sutras"
100 BCE-500CE

Yogacara
Buddhism
4th -5th
Century CE

"Tattvarthasutra"
2nd Century CE

Adi Nanth
(Shiva?)

Matsyendranath
"Lord of Fish"

Gorakshanath
11th-12
century

Raja
(Classical)
Yoga

The Naths

"Hatha Yoga"

"Laya Yoga"

"Hatha Yoga
Pradipika"
by Yogi Swatmarama
16th Century

"Sikhism"

Guru Nanak Dev Ji
15th Century

John Woodroffe
(Arthur Avalon)
Late 19th/early
20th century

Vishwananda
Saraswati

Sivananda
B. 1887

Yogi
Bhajan
b. 1929

Mahavatar Babaji
(Saint?)

Lahiri Mahasaya

Yuktswar Giri

Yogananda
b. 1893

Bishnu Ghosh
(brother)

Swami Rama

Kriyananda
(J. Donald
Walters)

Pandit
Rajmani
Tigunait

Bikram
Choudury
"Bikram
Yoga"

Baron
Baptiste
(son of Walt)

Bhagavan
Nitkananda

Muktananda
B. 1908

Maharishi
Mahesh Yogi

Deepak
Chopra

The Beatles

"Sexy Sadie"

Krishnanand
Saraswati

Brahmananda
Saraswati
B. 1870

Maharishi
Mahesh Yogi

David Life

Sharon
Gannon

"Jivamukti
Yoga"

Manju
Jois (son)

David
Williams

Tim
Miller

David
Swenson

Chuck
Miller

Maty
Ezraty

Bryan
Kest

Richard
Freeman

Larry
Schultz

Eddie
Stern

Norman
Allen

Kino
MacGregor

Beryl
Bender
Birch

Ramakrishna
B. 1888

Nirmalanada

David Life

Sharon
Gannon

"Jivamukti
Yoga"

Manju
Jois (son)

David
Williams

Tim
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David
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Richard
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Larry
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Eddie
Stern

Norman
Allen

Kino
MacGregor

Beryl
Bender
Birch

Vivekananda
b. 1863

Mahapurush
Maharaj

Swami
Kailashananda

Dharma
Mittra
b. 1939

Ghandi

Mark
Whitwell

Gary
Kraftsow

Patabhi
Jois

David
Williams

Tim
Miller

David
Swenson

Chuck
Miller

Maty
Ezraty

Bryan
Kest

Richard
Freeman

Larry
Schultz

Eddie
Stern

Norman
Allen

Babu
Bhagwan Das

Vivekananda
b. 1863

Mahapurush
Maharaj

Swami
Kailashananda

Dharma
Mittra
b. 1939

Ghandi

Mark
Whitwell

Gary
Kraftsow

Patabhi
Jois

David
Williams

Tim
Miller

David
Swenson

Chuck
Miller

Maty
Ezraty

Bryan
Kest

Richard
Freeman

Larry
Schultz

Eddie
Stern

Yoga
Korunta

British
Gymnastics

Krishnamacharya
B. 1888

Yogi
Bhajan

BKS
Iyengar
(brother in
law)

John
Friend

Angela
Farmer

Patricia
Walden

Ramanand
Patel

Victor van
Kooten

Angela
Farmer

Patricia
Walden

Ramanand
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Victor van
Kooten

Angela
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Patricia
Walden

Ramanand
Patel

Victor van
Kooten

Helena
Blavatsky

Annie
Besant

Charles
Leadbeater

Krishnamurti
B. 1895

Erich
Schiffman

Vanda
Scaravelli

Richard
Rosen

Judith
Hanson
Lasater

John
Friend

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Ramanand
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Kooten

Angela
Farmer

"Theosophists"

"Krama Vinyasa"

Ramaswami

Indra
Devi

Erich
Schiffman

Vanda
Scaravelli

Richard
Rosen

Judith
Hanson
Lasater

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Kooten

Angela
Farmer

Patricia
Walden

Ramanand
Patel

Victor van
Kooten

Angela
Farmer

Dadaji

Swami
Kripalvananda
b. 1913

Amrit
Desai

Kripalu
Institute,
Massachusetts

"Kripalu
Yoga"

Mirra
(wife)

Aadil
Palkhivala

"Purna
Yoga"

Mirra
Alfassa

Sri
Auribindo
Asharam

"Integral
Yoga"

Sri
Aurubindo
B. 1872

Vishnu
Bhaskar Lele

"Kundalini
Yoga"

3HO
Happy, Healthy,
Holy

Golden
Bridge, LA

"Y.O.G.A. for
Youth"

Krishna
Kaur

Gurmukh
Kaur
Khalsa

Vishnu-
devananda

Satchidananda

Mani
Finger

Alan
Finger
(son)

"ISHTA"

Rod
Stryker

"Para
Yoga"

Karina
Ayn
Mirsky

Walt
Baptiste
(nephew)
B. 1917

Dr. Joseph
Baptiste

"Autobiography
of a Yogi"

"Kundalini
Yoga" 1935

"Divine
Life
Society"

"The Serpent
Power"

"Kriya
Yoga"

"Siddha
Yoga"

"Transcendental
Meditation"

"Shanti
Mandir"

"Ananda
Yoga"

"Baptiste
Vinyasa
Power
Yoga"

"Sexy Sadie"

"Jivamukti
Yoga"

"Power
Yoga"

"Maya
Yoga"

"Living
Your
Yoga"

"Anusara
Yoga"

"Moving
Into
Stillness"

"Core
Power
Yoga"

"Light
on
Yoga"

"Ashtanga
Yoga"

"The Heart
of Yoga"

"World's
Parliament
on
Religion"

"Krama
Vinyasa"

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